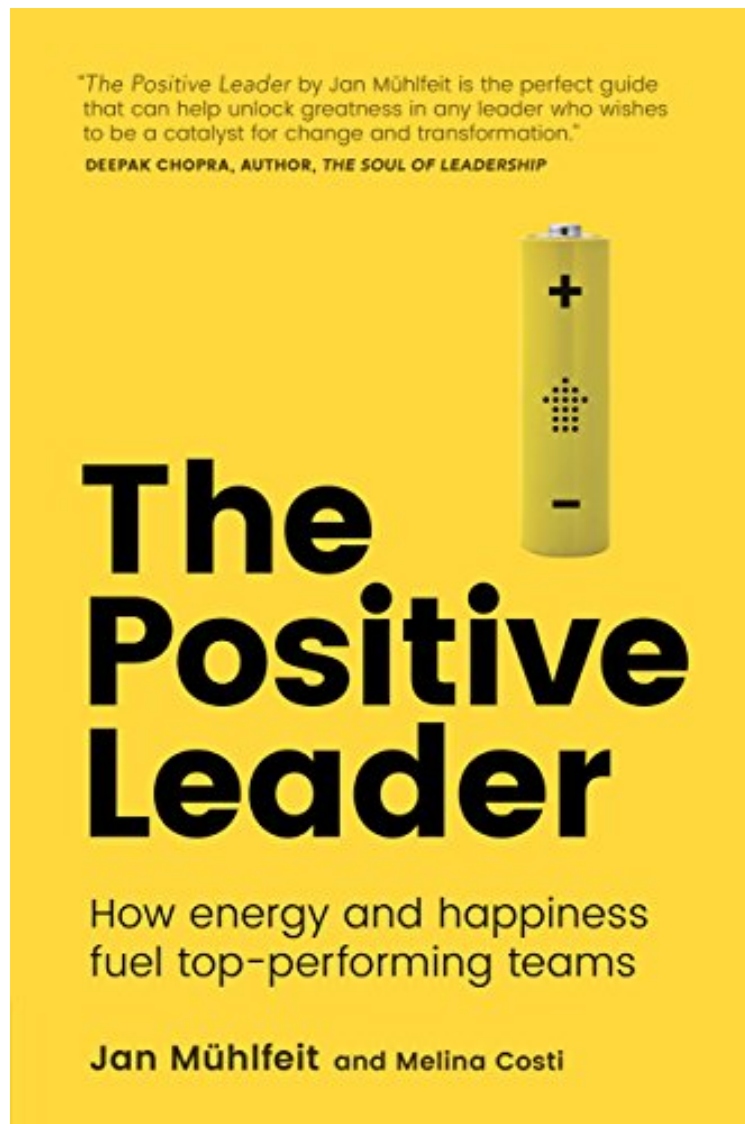


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# The Positive Leader: How Energy and Happiness Fuel Top-Performing Teams

Jan Mühlfeit, Melina Costi  
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**Jan Mühlfeit, Melina Costi : The Positive Leader: How Energy and Happiness Fuel Top-Performing Teams** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Positive Leader: How Energy and Happiness Fuel Top-Performing Teams:

0 of 0 people found the following review helpful. All the aspects of being positive that a leader needs By Judith Aacute;bri von Bartheld MA, MCCI book that covers many aspects in great detail. Lots of knowledge and experience are included from both the angle of the individual leader and that of his/her team. 1 of 1 people found the following

review helpful. Highly recommended!By CustomerAlthough I've managed people before, now I am starting to get more leadership responsibilities. I purchased the book after attending a meeting from Mr. Muelhfeit and I have to say that applying his recommendations to my personal and professional life has served me well. I'm on the right path to becoming what he calls CEO, chief enthusiasm officer.Highly recommended!0 of 0 people found the following review helpful. Great framework for everyday useBy CustomerThe Positive Leader is a helpful reminder of what is really important in our lives and how we can work together to help our companies and communities grow, succeeded and be happy on the way. The 4Ps of the Positive Leadership framework that Jan developed are a great summary of the foundations of leadership that we tend to forget because of the daily tasks and pressure all around us. I find the advice on managing energy, not time, as a crucial one, because without an energy, a positive energy, it is hard to accomplish anything.

Discover how to banish stress and negativity, rediscover your best self and become an inspirational leader ndash; starting now.nbsp;Inspirational leaders: Target strengths, not weaknesses Have a dream Manage energy, not time Put happiness before successBased on cutting edge research, and with truly actionable advice, The Positive Leader shows you how.Former Chairman of Microsoft Europe, Jan Muuml;hlfeit, turns the lessons hersquo;s learnt from his years at the coalface of leadership into a lquo;how torsquo; guide for busy managers. nbsp;Academic studies have shown that a positive mind-set results in 31% higher levels of productivity.\*The Positive Leader gives you a four-point approach to becoming a happier and more inspirational leader. Discover and work to your strengths Identify your mission and vision Become a lquo;Chief Energy Officerrrsquo; Lead yourself to happinessnbsp;,\* lquo;Positive Intelligencersquo;,, Shawn Anchor, Harvard Business Review, Jan/Feb 2012nbsp;

lquo;The Positive Leader by Jan Muhlfeit is the perfect guide that can help unlock greatness in any leader who wishes to be a catalyst for change and transformation.rsquo;nbsp; Deepak Chopra, Author,nbsp;The Soul of Leadership nbsp; lquo;Inspired, thought-provoking and easy to apply. Based on Janrsquo;s own authentic approach, this book shows leaders how to plug into the power of positivity to bring out the very best in themselves and others. Learn valuable lessons on strengths, purpose, energy management and, of course, happiness. Classic Jan!!.. he is the real deal, and so is this book!rsquo; Orlando Ayala, Corporate Vice President, Chairman of Emerging Markets, Microsoft Corporation nbsp; lquo;The impact of positivity and authenticity in leadership.nbsp; Jan Muhlfeit has put his finger on a real game changer here.rdquo; Frank Brown; Chief Operating Officer, General Atlantic. nbsp; lquo;The cornerstone of world-class success and happiness is self-awareness. This book addresses the most important decision you ever will makemdash;to uncover who you are and offer your best to the world.rsquo; David Svoboda, Athlete, 2012 Olympic Champion in Modern Pentathlon nbsp; lquo;Janrsquo;s guide to achieving sustained success and happiness is an inspirational reminder of the true qualities of modern leadership. lquo;The Positive Leadersquo; is both a practical handbook and a thoughtful reflection on what it takes to helm organizations in an increasingly complex world.rdquo; nbsp; Jean-Philippe Courtois, EVP and President, Microsoft Global Sales, Marketing Operations at Microsoft nbsp; lquo;Full of wisdom garnered over a long and distinguished career and building on the best positive psychology, this book shows you how to be the person who inspires others to new heights.nbsp; A great guide to becoming an authentic leader and an inspiration for a happier and more meaningful life.rdquo; Stephen Joseph, Professor and author of Authentic. How to be yourself and why it matters nbsp; 'This is a book that champions the value of people over profit with a wisdom that profits will be the by-product of happy and positive people.' Tim Gallwey, Author, The Inner Game of Tennis nbsp; nbsp;lquo;rsquo;In an era in which good leadership is scarce, this book, product of years of experience by its author in leadership positions, is an excellent guide to young aspiring new leaders.rsquo;rsquo; Androulla Vassiliou, Former EU Commissioner for Education, Culture, Multilingualism and Youth nbsp; nbsp;lquo;Leadership gets much easier when you have great talent that works well together in a strong culture ndash; Jan, provides a powerful and enlightened approach for you to achieve your potential as a leader.rdquo; Jeff Raikes, Co-founder, Raikes Foundation and Former CEO of the Bill Melinda Gates Foundation nbsp; lquo;A clear and compelling roadmap for energizing your leadership!nbsp; The book is a fantastic source of practical insights grounded in positive psychology.rdquo; Peter Zemsky, Deputy Dean and Dean of Executive Education, INSEAD nbsp; "A totally new perspective on leadership. Scrap the old belief that happiness follows success. Instead, think that success follows happiness. A true paradigm shift." Patricia Falco Beccalli, Founder CEO, Principle AG, Former Anchor of CNBC nbsp; lquo; Jan Muhlfeit proposes a very human-centered and emotionally literate management approach. This book is a must read for managers navigating todayrsquo;s complex and fragmented environment.rdquo; Jennifer Blanke, Chief Economist, World Economic ForumFrom the Back Cover Back cover nbsp; Inspirational leaders: Target strengths, not weaknesses Have a dream Manage energy, not time Put happiness before success Based on cutting edge research, and with truly actionable advice, The Positive Leader shows you how. Former Chairman of Microsoft Europe, Jan Muuml;hlfeit, turns the lessons hersquo;s learnt from his years at the coalface of leadership into a lquo;how torsquo; guide for busy managers. nbsp; Discover how to banish stress and negativity, rediscover your best self and become an inspirational leader ndash; starting now. nbsp; nbsp; Front flap nbsp; Academic studies have

shown that a positive mind-set results in 31% higher levels of productivity.\* The Positive Leader gives you a four-point approach to becoming a happier and more inspirational leader. Discover and work to your strengths Identify your mission and vision Become a 'Chief Energy Officer'; Lead yourself to happiness ; \* 'Positive Intelligencers', Shawn Achor, Harvard Business , Jan/Feb 2012 ; ; Back flap ; Jan Muuml;hlfeit is a global strategist, executive coach and mentor. He is the Former Chairman of Microsoft Europe, where he worked for 22 years. He is currently an 'entrepreneur in residence' at INSEAD and a coach for Exec MBA students at Cambridge University. Jan is also a member of the Business Advisory Board at Imperial College London. ; Melina Costi is a professional business writer with a background in marketing management.About the Author Jan Muuml;hlfeit is a global strategist, executive coach and mentor. He is the Former Chairman of Microsoft Europe, where he worked for 22 years. He is currently an 'entrepreneur in residence' at INSEAD and a coach for Exec MBA students at Cambridge University. Jan is also a member of the Business Advisory Board at Imperial College London. ; Melina Costi is a professional business writer with a background in marketing management.