

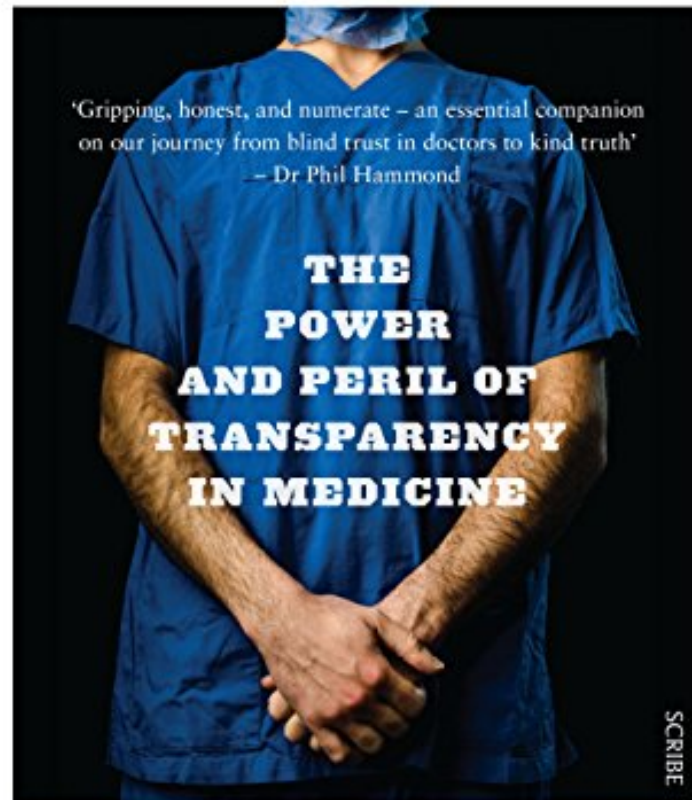
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## The Naked Surgeon: the power and peril of transparency in medicine

*Samer Nashef*

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### Samer Nashef



# THE NAKED SURGEON

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**Samer Nashef : The Naked Surgeon: the power and peril of transparency in medicine** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Naked Surgeon: the power and peril of transparency in medicine:

0 of 0 people found the following review helpful. Great surgeon, great writer, great bookBy Jimmy T-Bone BarnesGreat surgeon, great writer, great book. As a doctor, I've really enjoyed it, but it's accessible to anyone with a thinking mind. Dr Nashef explores the modern concept of evidence-based medicine, or, in this case, evidence-based

surgery. It's the only sensible way, really, to think about medicine, but when he was a medical student (about the same time as I was), the 'pearls of wisdom' from your boss were strewn along the path of career glory. There was no need to check if the elder statesmen of medicine were right or wrong. Of course, they were right! Because they said so. Dr Nashef was at the forefront of EBM, which has helped bring medicine more and more into the scientific world. Read his book. You'll love it. 0 of 0 people found the following review helpful. Great book! By Oz Shapira An excellent description of the dilemma between the need for transparency and the objective difficulties encountered in attempting to achieve fair, risk-adjusted outcomes. 0 of 0 people found the following review helpful. Bible for today's surgeon. By freediver It is an encouraging well written book about a reality in everyday medicine. It is a recipe how to make things better. I think it is a bible for every surgeon.

We are not meant to touch hearts. We all have one, but most of us will never see one. The heart surgeon now has that privilege but, for centuries, the heart was out of reach even for surgeons. So when a surgeon nowadays opens up a ribcage and mends a heart, it remains something of a miracle, even if, to some, it is merely plumbing. As with plumbers, the quality of surgeons' work varies. As with plumbers, surgeons' opinion of their own prowess and their own attitude to risk are not always reliable. Measurement is key. We've had a century of effective evidence-based medicine. We've had barely a decade of thorough monitoring of clinical outcomes. Thanks to the ground-breaking risk modelling of pioneering surgeons like Samer Nashef, we at last know how to judge whether an operation is in a patient's best interest, which hospital and surgeon would be best for that operation, when it might best be performed and what the exact level of risk is. We have at last made what is important in surgery measurable. But how should surgeons, and their patients, use these newfound insights? Ever since his days as a medical student, Samer Nashef has challenged the medical profession to be more open and more accurate about the success of surgical procedures, for the sake of the patients. In *The Naked Surgeon*, he unclothes his own profession to demonstrate to his reader (and prospective patient) many revelations, such as the paradox at the heart of the cardiac surgeon's craft: the more an operation is likely to kill you, the better it is for you. And he does so with absolute clarity, fluency and not a little wit. PRAISE FOR SAMER NASHEF [The Naked Surgeon] takes a Malcolm Gladwell-esque look at what happens in operating theatres ... If a book-length examination of the topic sounds dry, it isn't. Nashef's humanity and compassion shine through. The Times One can't help but think of Henry Marsh when reading Samer Nashef ... Nashef does a fine job of guiding the reader through the surgical and statistical intricacies and he writes clearly, with plentiful moments of humour. The Independent