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Simon Western

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Coaching and Mentoring A Critical Text

by Simon Western



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Electronic Inspection Copy available for instructors here Coaching and Mentoring: A Critical Text is a unique contribution to the field. It traces coaching influences back to pre-modern times showing connections with 'soul healers' of the past, taking a journey through modernity to post-modernity making links that helps us better understand coaching today. Positioning coaching as working between the 'wounded-self' (of therapeutic culture) and 'celebrated-self' (of the human potential movement), it reveals four discourses that underpin contemporary coaching

practice: