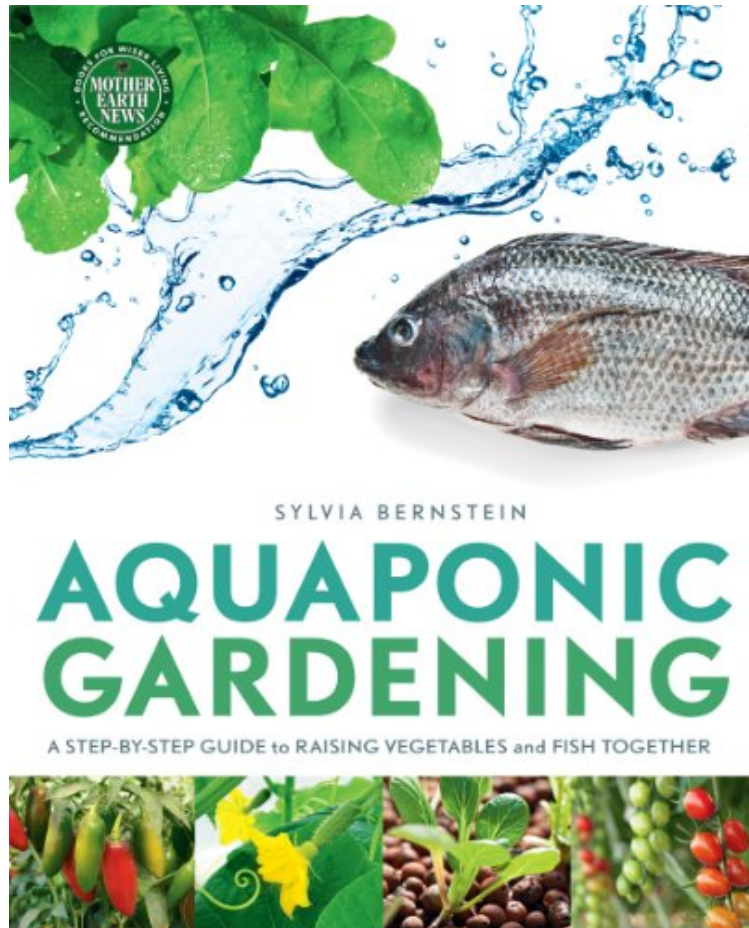


Aquaponic Gardening: A Step-By-Step Guide to Raising Vegetables and Fish Together

Sylvia Bernstein

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before purchasing it in order to gauge whether or not it would be worth my time, and all praised Aquaponic Gardening: A Step-By-Step Guide to Raising Vegetables and Fish Together:

0 of 0 people found the following review helpful. Read a book before you spend money. By Virginia Bergstrand Being retired we notice more things that we "might" be interested in doing. We have found that by purchasing books that will tell us "all about it" EG: XXXXXX for Dummies let's us know what to expect and what is expected from us. On several occasions we have not gone beyond reading the book. They are worthwhile investments. This method saves an investment which down the road just might disappoint us. Not to mention that if we go forward we have an excellent guide to help us. This book is SUPER helpful and it looks like we will be looking further into this endeavor. 3 of 3 people found the following review helpful. Good book but still need to research a little more than this book says. By D. Wold Having never had fish nor an aquaponics garden I purchased this book. It is very informative but does not cover all the aspects of doing your garden along with problems the fish might have other than the normal low pH, ammonia,

nitrites and nitrates. I'm sure the author could not cover every aspect in this book such as fish ich and how to treat naturally, which ended up being my issues. I use this book as my go-to and also the many great websites that are out there....this is definitely a book I'm glad I purchased as it really taught me a great deal but just understand as with most books you will still have to do your own research but will at least have a great guideline for what else you might need to know. She does give a lot of resources you can use and has her own blog. 2 of 2 people found the following review helpful. Highly Recommended By 2 cents-worth This is an excellent resource for anyone wanting to get started with aquaponics. It explains complex technical information in simple terms that demystify the science surrounding aquaponics, making it accessible to everyone that dreams of eating wholesome, organic, sustainably grown food produced in their own back garden (or basement).

Aquaponics is a revolutionary system for growing plants by fertilizing them with the waste water from fish in a sustainable closed system. A combination of aquaculture and hydroponics, aquaponic gardening is an amazingly productive way to grow organic vegetables, greens, herbs, and fruits, while providing the added benefits of fresh fish as a safe, healthy source of protein. On a larger scale, it is a key solution to mitigating food insecurity, climate change, groundwater pollution, and the impacts of overfishing on our oceans. Aquaponic Gardening is the definitive do-it-yourself home manual, focused on giving you all the tools you need to create your own aquaponic system and enjoy healthy, safe, fresh, and delicious food all year round. Starting with an overview of the theory, benefits, and potential of aquaponics, the book goes on to explain:—System location considerations and hardware components—The living elements—fish, plants, bacteria, and worms—Putting it all together—starting and maintaining a healthy system Aquaponics systems are completely organic. They are four to six times more productive and use ninety percent less water than conventional gardens. Other advantages include no weeds, fewer pests, and no watering, fertilizing, bending, digging, or heavy lifting—in fact, there really is no downside! Anyone interested in taking the next step towards self-sufficiency will be fascinated by this practical, accessible, and well-illustrated guide. Sylvia Bernstein is the president and founder of The Aquaponic Source. An internationally recognized expert on aquaponic gardening, Sylvia speaks, writes, and blogs extensively about this revolutionary technique.